

General Risk Assessment

Farm Site: Wild Mind Well-Being

Farmer: Camilla China

Date of Completion: July 2023

Review date: July 2024

Compiled by: Camilla China, Care Farm Director

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Emergency First Aid: Aimee Owen

Accident Book: In the Health & Safety file, top drawer of cabinet in office

ACTIVITY	RISK	RISK LEVEL	CONTROLS
Use of Tools	Injury from tools to self & others	M	Instruct on the correct use transportation & storage of tools in use; • Tidy tools away; • Ensure tools are in good working order; • Use protective equipment when necessary; • Ensure adequate supervision levels.
Lifting	Risk of overload, muscular injury or accident to self & others Injury from accidentally dropping objects	M	• Ensure correct equipment is used as necessary; • Advise & demonstrate appropriate moving & handling techniques; • Only lift when necessary; • Ensure adequate supervision levels and assistance available.

Weeding	Risk of muscular damage or injury to hands	L	Advise & demonstrate correct techniques; <ul style="list-style-type: none"> • Take regular breaks; • Wear protective gloves & clothing.
Cutting/ Pruning Sawing LogS	Injury from knives/secateurs	H	<ul style="list-style-type: none"> • All cutting to be done under close supervision; • Ensure tools are in good working order; • Advise upon & demonstrate correct techniques; • Individually risk assess; • Wear protective clothing, especially gloves; • Small group activity only.
Animal Activity	<p>Infectious diseases (zoonosis & toxoplasmosis) from animal to human;</p> <ul style="list-style-type: none"> • Local/national outbreaks; • Danger to pregnant women of infections that can affect female sheep and which could be passed to pregnant women including chlamydiosis, toxoplasmosis, listeriosis and Q fever. Risk can also extend to goats and is present all through the year, not just at lambing time. 	H	<ul style="list-style-type: none"> • Only use animal contact areas; • Protect any breaks in the skin; • Wear gloves; • Avoid contact with eyes & mouth; • Correct hand-washing techniques; • Advise on correct procedures; • Supervision. • Follow recommended action by Defra. • Pregnant women to avoid close contact with sheep during lambing; • do not deliver lamb/calves/kids; • do not milk ewes; • use welly washes provided; • avoid contact with aborted or miscarried lambs and afterbirth, fluid or contaminated materials such as bedding; • ensure correct hand-washing after contact; • clothing worn during contact should be washed separately to other washing

Cleaning out animal accommodation	<ul style="list-style-type: none"> • Risk of injury from equipment; • Slips/trips; • Close proximity to the animals. 	L	<ul style="list-style-type: none"> • Protect any breaks in the skin; • Wear protective clothing & gloves as necessary; • Avoid contact with eyes & mouth; • Correct hand-washing techniques; • Advise on correct procedures; • Supervision; • Use welly washes provided; • Clean footwear following activity; • Masks to be available if required; • Regular cleaning out to prevent disease build-up
Animal Security	<ul style="list-style-type: none"> • Injury from open/closing gates & enclosures; • Electric fence 	L/M	<ul style="list-style-type: none"> • Map of animal enclosures; • Awareness of risk to be highlighted; • Advise on correct techniques & not to climb on fences; • Electric fences to remain on; • Adequate supervision
Handling Animals	<ul style="list-style-type: none"> • Kicking, biting, trampling, pecking; • Mites. 	M	<ul style="list-style-type: none"> • Correct advice prior to entering any enclosures/using animal contact areas; • Correct handling techniques explained/demonstrated; • Close supervision at all times; • Advice on animal behaviour/staff to be aware
General Environment	<ul style="list-style-type: none"> • Injury from electric & barbed wire fences 	L	<ul style="list-style-type: none"> • Warn of potential risk; • Close supervision; • Warning signs; • Correct use of electric fences; • Roped off areas as necessary.
Farm Machinery	<ul style="list-style-type: none"> • Tractors, grass cutters, trailers, tools, ladders (stationary or in use); • Injury 	L	<ul style="list-style-type: none"> • No machinery left unattended whilst in use; • Ensure all

	from climbing/tampering with machines;		equipment is in good working order; • Awareness of any deliveries to the farm; • Close supervision at all times; • Advise on potential risks.
General Construction Activities (gates/fences/sheds/ chicken coops/horse shelter)	<ul style="list-style-type: none"> • Lifting heavy items; • Cuts/scrapes/bangs; • Bending at awkward angles; • Unfamiliar tasks/processes. 	M/H	<ul style="list-style-type: none"> • Full explanation/demo of each stage of the activity; • Clear roles identified; • Close and constant supervision; • In tact tools and equipment; • Regular breaks/change of posture; • Individual monitoring according to ability.
Fence building/repair	<ul style="list-style-type: none"> • Cuts/scratches from wire; • Injury from any equipment used; • Danger from the environment, eg animals, roads, machinery. 	M	<ul style="list-style-type: none"> • Clear advice on potential risks; • Clear explanation of equipment use; • Close assessment/supervision during each activity stage; • Wear gloves/protective clothing; • If near the roads, very close supervision and use of high visibility clothing. Staff to be at the roadside.
Environmental; including: Farm machinery Stage Paint Ladders Grain dust Environmental; including: Farm machinery Paint Ladders Grain dust	Slips, trips, falls within the general environment and sharp edges. Harmful if ingested/inhaled.	M	<ul style="list-style-type: none"> • Ensure cables/wires are secured; • Ensure a tidy environment; • Constant supervision. • Tidy environment. • Highlighting of risks. • Barriers to be used as appropriate. • Appropriate storage. • Demonstration of safe techniques. • Only Jerome or Camilla to fill up with fuel.
Walking/ terrain	<ul style="list-style-type: none"> • Uneven due to being archaeology site – slips/trips/falls; 	M	<ul style="list-style-type: none"> • Advise visitors of main risk areas; • Supervision as

			required; • Ensure terrain is in good repair (fill in/flatten) if necessary
Inappropriate Behaviour	• Changes in mood/behaviour of clients/visitors; • Inappropriate language and conduct; • Miscellaneous expressed concerns.	M/H	Staff to be aware of individual's needs as far as possible; • Close supervision at all times; • Appropriate de-escalation techniques to be adopted as necessary; • Explanation of expectations at induction (with reminders); • Advance visits prior to attendance; • Contact details of carers.
Chemicals	Swallowing/Inhalation/Burns/ Ra shes	M/H	Correct storage; • Information as to where being used; • Close supervision and monitoring; • Wearing correct protective equipment; • Products clearly labelled; • Aware of possible side-effects.

HEALTH AND SAFETY POLICY STATEMENT OF INTENT

1. Wild Mind Well-Being recognises its health and safety duties under the Health and Safety at Work Act 1974, the Management of Health & Safety at Work Regulations 1999 and accompanying protective legislation, and the persons responsible for Health and Safety (Camilla China) recognise that they have a responsibility to ensure that all reasonable precautions are taken to provide and maintain working conditions which are safe, healthy and comply with all statutory requirements and codes of practice.

2. Wild Mind Well-Being, so far as is reasonably practicable, proposes to pay particular attention to:

a) The provision and maintenance of a safe place of work, a safe system of work, safe appliances for work, and a safe and healthy working environment;

b) The provision of such information and instruction as may be necessary to ensure the health and safety of its employees and others, and the promotion of awareness and understanding of health and safety throughout the workforce;

c) Ensuring the safety and absence of health risks in connection with use, handling, storage and transport of all articles, substances and equipment;

d) Making regular assessments of risks to employees;

e) Taking appropriate preventative/protective measures as identified by risk assessment.

3. In order that the Farm can achieve those objectives, it is important that employees recognise their duty, whilst at work, to take reasonable care for the health and safety of themselves and of other persons. Employees should also co-operate fully with the Farm or anyone else concerned, to ensure that their obligations are performed or complied with.

4. Wild Mind Well-Being will ensure adequate resources both time and money are made available to the necessary people to ensure that the items listed above are implemented and all employees are provided with the necessary instruction, information, training and supervision to enable them to carry out their work without risk to themselves or others. An annual review of the Health and Safety Policy will also be undertaken to ensure it is relevant to the work being undertaken by the Farm and all legislation quoted is up to date, where necessary the policy will be developed and expanded.

5. Wild Mind Well-Being is also committed to the continuous development and improvement of the Farm's health and safety management system. The Farm will ensure that the health, safety & welfare of any employee or subcontractor is not compromised for financial or commercial gain.

6. All employees of the Farm agree, as a term of their contract of employment, to comply with their individual duties under the Health and Safety at Work Act 1974, and the Management of Health and Safety Regulations 1999 and other legislation, and to generally co-operate with the Farm so as to enable it to carry out its duties towards them. The attention of all employees is drawn to the attached safety rules and procedures, and employees should recognise that failure to comply with their health and safety duties and obligations can lead to dismissal from employment. In the case of serious breaches, such dismissal may be instant without prior warning.

7. This policy has been prepared in furtherance of section 2(3) of the Health and Safety at Work Act 1974 and binds all staff. We request that our customers and visitors respect this policy, a copy of which can be obtained on demand.

Signed: Camilla China

Date: 01/07/2023